



# A DOZEN WAYS TO ENGAGE REMOTELY

During this time when in-person meetings may not be an option, here are a few ways to communicate with elected officials and build the relationships needed to begin the work for change.

- 1 Educate**—begin or continue your grounding in anti-racism work (Take the League’s [21-Day Racial Equity Challenge](#) to start or further your equity journey)
- 2 Educate yourself on the issues**
- 3 Identify the local, county and state** decision-maker that represents you
- 4 Follow your decision-maker** on social media and go to their websites to find their events
- 5 Attend** your decision-maker's virtual coffee hours/tele-town halls
- 6 Call, write, or email** the elected official that represents you or has a leadership role
- 7 Set up a meeting** with your elected official or decision-maker
- 8 Schedule a pre-meeting** to establish the agenda and best messaging/messengers to meet with key lawmakers or other decision-makers at the state or local level
- 9 For committee hearings**, you can contact the committee clerk in advance to submit written testimony or arrange video testimony
- 10 Email and/or Text Campaigns** to let decision-makers know where you expect them to be on an issue
- 11 Bird-dog campaign events.** This is an election year, so seek out virtual and social media campaign events to lift up what you prioritize and value
- 12 Does all of this sound overwhelming?** Contact the League’s community engagement team for help setting up meetings and breaking down the issues, or to schedule virtual training for your group or organization. Email [rweathers@mlpp.org](mailto:rweathers@mlpp.org) to get started.