THE STATE OF FOOD ACCESS IN MICHIGAN
Spotlight on Hillsdale County

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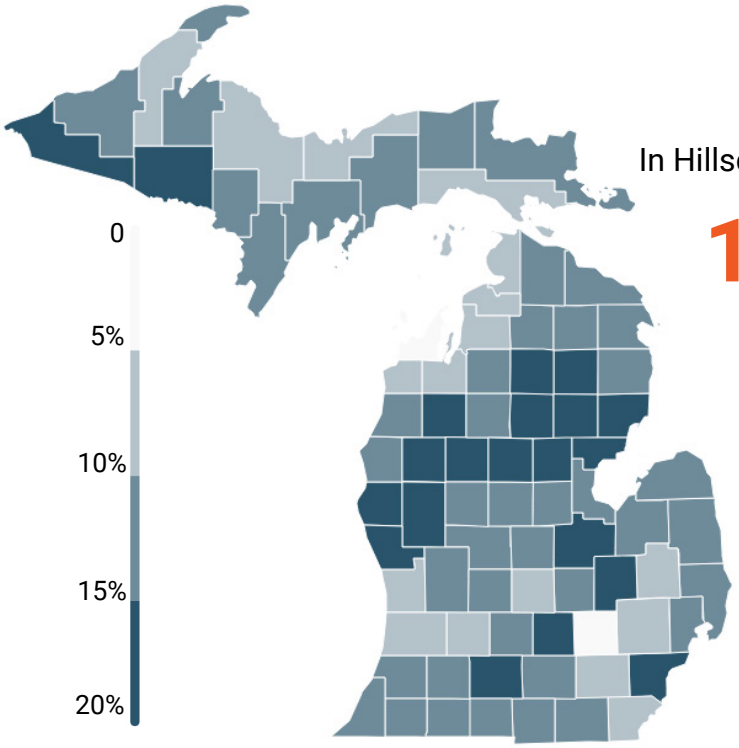
All Michigan families should have access to the food they need, but cuts to the Supplemental Nutrition Assistance Program (SNAP) as a part of last year's federal megabill will exacerbate food insecurity in Michigan, threatening the 1.4 million Michiganders who participate in this effective and vital program.

People in every county in Michigan use SNAP to put food on the table.

Percentage of residents who use SNAP (by county)



In Hillsdale County,

13%

of residents rely on SNAP for their groceries.

Source: Michigan Department of Health and Human Services, 2025

A modestly priced meal in Hillsdale County costs

$3.21.

At a maximum of $2.83 per person per meal, current SNAP benefits aren't enough to cover a family's nutrition needs anywhere in the state.

SNAP goes a long way toward helping families access healthy foods, but

12%

of each meal is still not covered.

Source: Urban Institute, 2025

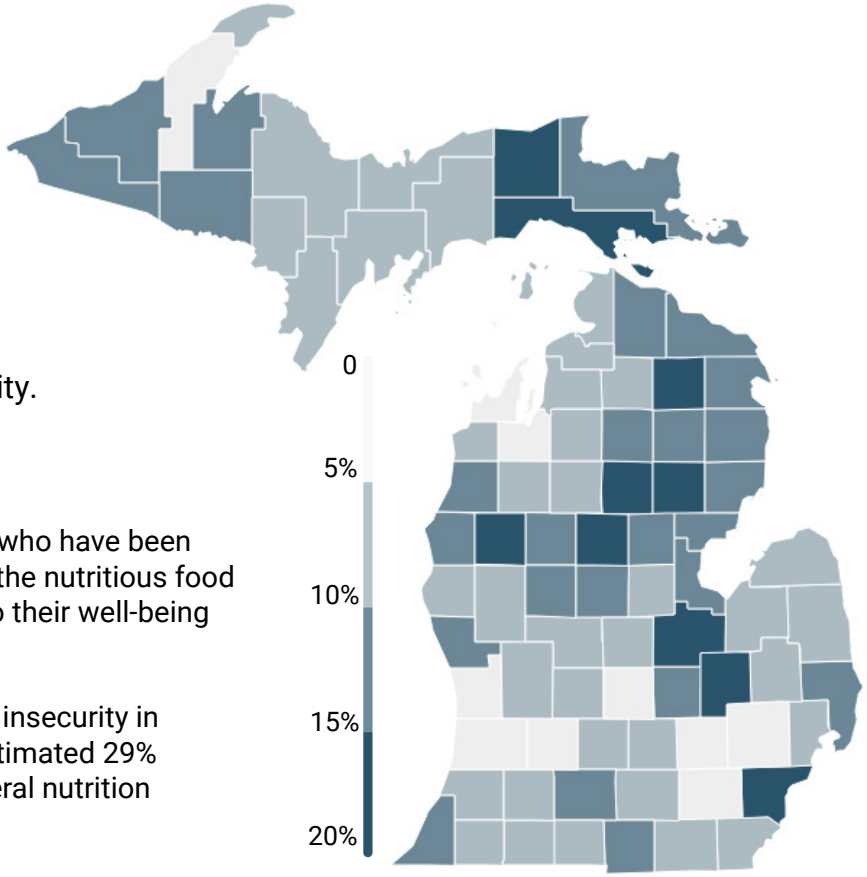
Child food insecurity in Michigan is especially important to address as it can have dire consequences on physical and mental health, as well as academic performance.

Percentage of children facing food insecurity (by county)

In Hillsdale County,

20%

of kids are facing food insecurity.



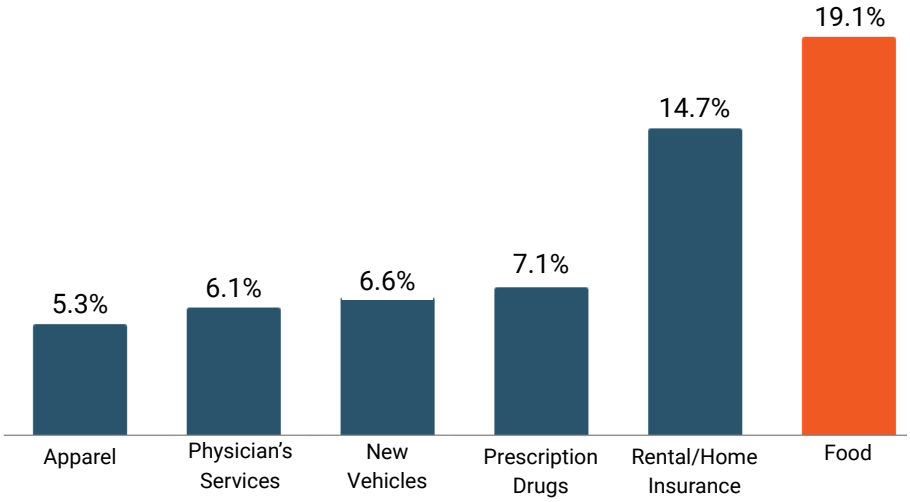
Ensuring the 1 in 4 children in Michigan who have been supported by SNAP continue to receive the nutritious food they need to grow and thrive is critical to their well-being and their future success.

The share of children experiencing food insecurity in Michigan in 2023 was 19.1%, with an estimated 29% of these children likely ineligible for federal nutrition programs.

Source: Feeding America, 2023

The rising cost of basic needs is putting increasing pressure on families, with food prices among the leading drivers.

Change in Price for U.S. Household Needs, 2022-2026



Source: U.S. Bureau of Labor Statistics as reported by CBS News Price Tracker, 2026